

WORKSHOP & CONCERT

LISTENING OUT & IN

Christian McEwen

& Barbara Bash

with Concert by

Steve Gorn

Saturday, June 3, 2017

9:30 am - 7:00 pm

A writing student came to her teacher Grace Paley, and said, "I have nothing to say," and Grace said, "Yes you do, you just don't have anybody to say it to. Say it to me."

In this workshop we will explore the increasingly beleaguered act of listening, beginning with our fellow humans and extending to the farthest reaches of the non-human world. We will also explore the Focusing process of listening to the body where we can hear everything we need to know. Expect to spend time writing, drawing, talking, walking, and above all, listening.

The day will close with a concert of contemplative music.

in Accord NY

Contact : barbarabash@gmail.com

\$100. lunch and evening hors d'oeuvres included

CHRISTIAN McEWEN is a writer, educator and cultural activist. She teaches poetry and creative writing. Her most recent book is *World Enough & Time : On Creativity and Slowing Down*.

BARBARA BASH teaches illustrated journaling, brush calligraphy and communication practices. Her book *True Nature: An Illustrated Journal of Four Seasons in Solitude* has been re-published in an expanded edition.

STEVE GORN plays the Indian bansuri flute. His music has been said to realign the cells and open heart and mind.

